

SPRING 1 2026 | 8 Weeks March 1-April 24

MONDAYS

4:00 PM	Mini & Me 0-2	Leapers 2-3			
4:15 PM				Mini Ninjas 4-5	
5:00 PM	Silver 5-6	Gold Petite 4-6	Silver 6-8	Mini Ninjas 4-5	Silver adv 6-8
5:45 PM				Ninja 6-8yrs	
6:15 PM	Silver 6-8	Silver 8-11	Acro Intro 6-9	Ninja 8-11	
7:15 PM	Silver adv 9-11	Silver adv 11-14	Teen Acro 10yrs+	Ninja Warrior	

TUESDAYS

4:00 PM	Silver U6	
5:00 PM		
6:15 PM	Gold 7-10	
7:15 PM	Adult FIT	

WEDNESDAYS

4:00 PM	Mini & Me 0-2	Leapers 2-3	Springers 4-5		
4:15 PM				Mini Ninjas 4-5	
5:00 PM	Mini & Me 0-2	Silver 5-6	Silver 6-8	Mini Ninjas 4-5	
5:45 PM				Ninja 6-8yrs	
6:00 PM					
6:15 PM	Silver adv 6-8	GOLD 6-10*	Silver 8-11	Ninja 8-11	
7:15 PM	Silver adv 9-11			Ninja Warrior	

THURSDAYS

4:00 PM	Leapers 2-3	Springers 4-5
5:00 PM	Silver 6-8	Acro Intro 6-9
6:00 PM		Silver 8-11
7:15 PM	Acro adv 9+	

FRIDAYS *7 weeks (no class April 3rd)

4:00 PM	Intro to Trampoline
5:00 PM	
6:00 PM	GOLD 7-10

SUNDAYS * 7 weeks (no class April 5th)

11:00 AM		Silver 5-6
12:00 PM	GOLD Petite 4-6	
1:00 PM		
3:00 PM	GOLD 6-10*	OPEN GYM 1:30-2:30

DAYTIME

10:30 AM
3:00 PM

THURSDAYS

Community time
Mini & Me 0-3



Register using the QR code or visit novagymnastics.ca
705 985 6682



110 Anne St. S - Unit 17 | Barrie
facility faces Brock St.

SATURDAYS * 7 weeks (no class April 25th)

9:00 AM	Mini & Me 0-2		Leapers 2-3		Springers 4-5
10:00 AM	Mini & Me 0-2	Silver 5-6	Leapers 2-3	Mini Ninjas 4-5	Springers 4-5
11:00 AM	Mini & Me 0-2	Silver 6-8		Ninja 6-8	Springers 4-5
12:00 PM	Mini & Me 0-2	Acro Intro 6-9	Silver adv 6-8	Ninja Jump	GOLD 6-10*
1:00 PM		Teen Acro 10yrs+	Silver adv 11-15	Silver U8	
2:30-4:30 PM	BIRTHDAY PARTIES - GOLD, SILVER, BRONZE packages available.				

Cost

30min
45-60min
2hr
Adult

Off-Peak

\$214.20
\$285.60
\$462.40
\$238

Peak

\$252
\$336
\$544
\$280

Promotional Pricing: Mini & Me \$50, Intro to Trampoline & Ninja Jump \$80